

## Choose Freedom

Galatians 5: 16 – 6: 3

***Freedom in relationships***

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***L.O.V.E.***

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***J.E.S.U.S.***

## God's vision for sex

- 1 man, 1 woman
- Total loving commitment in marriage
  
- Mark 10: 6-9

## Losing the Plot

- Sex without commitment
  - Before marriage
  - Outside marriage (= betrayal of commitment)
  
- Sex without love
  - Casual sex

## Losing the Plot

- Single sex "gay" sex
  - "Gay" sexual encounters are wrong
    - Leviticus 18: 22
    - It's outside God's ideal
    - Romans 1: 26-27
  - There's no guilt in having a homosexual orientation

***Orientation is not condemnation  
but temptation.***

***Temptation is NOT sin.***

***(Jesus was tempted "in every way" like us –  
Hebrews 4: 15 – but was sinless. )***

## Losing the Plot

- Exploitative sex
  - Paedophilia
  - Sado-masochism

1. Acting on your instincts would be terribly wrong.
2. Orientation is not condemnation but temptation.
3. Temptation is NOT sin.

## Losing the Plot

- Spectator Sex – i.e. Pornography  
***“sex on the brain... the very worst place to have it!”***

## Pornography Epidemic

- 60% of all website visits
- 50% of christian men + 20% of christian women admitted to internet porn addiction
- 37% of US pastors have a “daily struggle”

## What’s wrong with porn?

- Sex without relationships
- Sex without love
- Sex without persons
- Undermines the desire for real sex and relationship in marriage
- Linked with trafficking and prostitution
- Normalises sexual violence
- Drives christian men away from church?

## “The price of freedom is eternal vigilance”

1. Know who you are in Christ
  - Galatians 4: 6-7. A son of a heavenly Father who loves you.
2. Live by the Spirit of God.
  - “Which “dog” are you feeding?”
3. Avoid temptation: don’t fight it if you can help it!
  - Remember the rats..... And the chocolate!
4. Live in the light – Galatians 6: 1-2
  - Darkness is a prison where guilt turns to shame
  - “carry each others’ burdens”